



EAST ANGLIA PILGRIMS

— *Walking in Faith* —

PILGRIMAGE INFO SHEET

WHY

This is one of a series of pilgrimage walks being organised in 2026 by the East Anglia District of the Methodist Church. These walks offer the chance to take time out and journey with others, exploring and reflecting on the rich landscape and heritage of the region. The pilgrimages will be led by Christian people, both lay and ordained. All are welcome, of faith or no faith.

WHEN

DATE: **Saturday 18 July 2026 starting at 10 am.**

The day will start at Trinity Methodist Church, Bury St Edmunds. Once everyone is ready, the pilgrimage will commence from the front door of the church.

The walk will finish about 11 am with refreshments at the church.

WHERE

PLACE TO MEET: **Trinity Methodist Church, Brentgovel Street, Bury St Edmunds**
Postcode **IP33 1EB** What3words: *///cared.motivator.flask*

PARKING:

This is a circular pilgrimage.

Although there is no car parking at the church itself, there is a layby in front of the church if you wish to drop off passengers before moving the car to a car park.

There are several public car parks in Bury St Edmunds. The nearest one is Lower Baxter Street, IP33 1ET, where there are a limited number of places. Cost: £2.70 for 2 hours. Pay by cash or Ringo App. It is a 1 minute walk from this car park to the church. Turn right out of the car park, then left and the church is on your left, after the pub.

Other car parks are Angel Hill (IP33 1UZ), Chequer Square (IP33 1QZ), and Ram Meadow car park (IP33 1XP). A map is attached.

Public transport options include train or bus, followed by a walk from the bus station (approx. 5 mins) or train station (approx. 10 mins).

DISTANCE TO BE WALKED: $\frac{3}{4}$ to 1 mile. The route is on pavements. This pilgrimage has been specially designed to be accessible and the pace will be steady to accommodate all

abilities and ages. All are welcome to join.

The pilgrimage will move slowly, stopping at a number of key points where brief insights into the pilgrimage history of Bury St Edmunds will be shared. There will also be some reflections on the relevance of pilgrimage to us today.

The route moves through the marketplace, which will be busy with shoppers on a Saturday. We continue down Abbeygate Street and cross the road on Angel Hill. After a brief visit to the Cathedral, we will continue into the Abbey Gardens. We cross Mustow Street at the pedestrian crossing before returning to the church.

PRACTICALITIES

How do I sign up?

Contact Danielle Gravestock on danielle@eangliamethodist.org.uk who will send you a booking form.

What do I need?

Suitable footwear. Suitable clothing for the weather.

May I bring my dog?

Yes. Dogs are welcome. Dogs remain the responsibility of their owner at all times.

Support

The leader will have a copy of your emergency mobile phone contacts. They will call for assistance if necessary.

CONTACT NUMBER on the day: 07984 148769 (Sarah Friswell) – if you have any last minute issues (sickness, transport issues etc).

Health and Safety

The pilgrimage will be led by Sarah Friswell. A Risk Assessment has been carried out. A First Aid kit will be available.

Toilets

At Trinity Methodist Church
Abbey Gardens Public toilets

Refreshments

The pilgrimage will end with refreshments at Trinity Methodist Church (tea/coffee).

Donations to cover costs of refreshments are welcome.

Any further queries?

Please contact Sarah Friswell, Pilgrimages Coordinator, on sarah.friswell@outlook.com